

WHAT TO DO IN THE EVENT OF AN OVERDOSE

WARNING

SIGNS OF OVERDOSE

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Soft/no breathing; pin point pupils; blue lips/nails/skin;
cold, clammy skin; limp body; doesn't respond to shouting

In the event of a known or suspected overdose:

1

Administer Naloxone

Naloxone is an extremely effective medication that stops opioid overdoses and **SAVES LIVES!**



a **OPEN** THE PACKAGE

b **INSERT** THE PLUNGER INTO A NOSTRIL

c **PRESS** THE PLUNGER FIRMLY



For more information, download the **NARCAN Now App**.

2 CALL 911

3 **WATCH** the person closely.
*If breathing does not resume
within 3 minutes, administer
Naloxone again*

4 **WAIT** with the person for
Emergency Services to arrive

Please spread the word: Help is available!

Call the Tennessee **REDLINE!**

You can live a life of RECOVERY!

TN

Department of
Mental Health &
Substance Abuse Services

1-800-889-9789